FUTURE INSTRUCTOR STUDENT TEACHER LEADERSHIP WORKSHEET

Martial Arts Protocol

1. To be an effective Instructor, you must first of all create a great learning environment. This is done through creating and maintaining a proper _____ _____ _____.

2. To create a proper Martial Arts Culture, you must teach and maintain a Martial Arts protocol. Developing a Martial Arts protocol in you school creates a _____, _____ and _____ environment. There are NO EGOS here.

3. Addressing Instructors by Mr. Ms. Mrs. or their appropriate title (Sensei or Master) teaches two important things; _____ ___ _____, and, how to _____ in a Martial Arts dojo. Both of these qualities are essential for creating a Martial Arts Culture.

4. Answering "Yes Sir", "No Sir", or "Yes Ma'am" and "No Ma'am" also shows respect for authority and helps maintain a healthy environment of respect and courtesy.

5. Instructors are not excluded from this behavior. In fact, the best form of influence is to _____ ___ _____.

6. Another method used to create a Martial Arts environment is _____. Bowing is a traditional method used to signify respect and humility. A leader should bow when they _____ ____ _____ the dojo. They should also bow when they enter and exit the training mat. Of course all classes begin and end with bowing.

7. The protocol of Respect is what makes the Martial Arts – Martial Arts. It is Unique only to our Art. Bruce Less once said; "Without respect and philosophy, Martial Arts is just glorified street fighting."